

Branch: Blurred stitching



Code: SEAMST

Option: Seamstress

Level : CAP

Prerequisites : First cycle study certificate

Opportunities:

Employed in ready-to-wear, high fashion, or self-employed.

Description

A profession: seamstress

In order to achieve a neat job, the seamstress must follow the same steps as the tailor: choosing the model, taking measurements, making the fabric (the step between the pattern and the final garment), adjusting to the measurements, cutting the fabrics and linings, assembling (darts, sides, front and back, shoulders, sleeves). She then goes on to the fittings before finally sewing the garment. Finally, she carries out the finishing operations: pockets, waistbands, belt loops, buttonholes, hems, braiding, etc., before ironing to obtain an impeccable finish.

Another profession: alteration of dresses, shortening of trousers, changing zips or repairing snags... there is no shortage of opportunities to call on the services of an alteration specialist.

The students learn the different basic stitches, the use of the different machines (sergers, overlockers, buttonhole machines), the ironing equipment (irons, presses, heating tables), as well as the cutting and tracing equipment. From a

drawing or standardised measurements or those taken from a customer, the students trace the pattern of the skirt or blouse requested: this is the flat cutting technique. However, there is also the technique of moulding, in which case the students work directly on the mannequin and make the model and its pattern from a cotton fabric. Students also learn about materials that are difficult to handle because of their lightness and fineness: silk, synthetic, crepe, velvet, polyester, muslin, etc.

Quality and competences :

Good knowledge of materials, threads, cutting and assembly techniques. She receives customers, takes measurements, pins, etc. and evaluates the cost of the work required. Relational skills to advise and respond to customers' wishes as well as commercial skills are essential.